

Nurse Navigator for Breast Health

For anyone facing breast cancer, knowing what resources and services are available and how to access and use them can be challenging. Riverwood's Nurse Navigator program was developed to help make the journey of those diagnosed with breast cancer easier.

Amy Renner, RN, BSN, OCN is Riverwood Healthcare Center's Nurse Navigator for breast cancer patients. Her experience working in Oncology includes nine years as an outpatient chemotherapy nurse.

"As an Oncology Certified Nurse, I'm very aware of the needs of cancer patients and know how to offer them vital support," Renner says. "A cancer diagnosis can be both confusing and painful and help navigating the healthcare system can make a world of difference."

Nurse Navigator services include:

Medical

- Assist in organizing appointments and working with physicians, clinics and community organizations.
- Help patients and their families understand treatment options and what their diagnosis means.
- Refer patients to appropriate resources as needed.
- Facilitate recovery and rehabilitation planning before, during and after treatment.

Emotional

- Determine personal and individual needs of the patient and their families.
- Ensure that support needs are met and make referrals as needed.
- Make referrals for spiritual support as desired by a patient.

Educational

- Educate patients about resources available to them.
- Enhance knowledge on breast cancer prevention, diagnosis, and treatment options.
- Provide patients and families with appropriate educational materials and is available to answer any questions they may have.

Financial

- Help with insurance questions and concerns and will direct and assist with any issues the patient might encounter.

CONTACT

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